**Toastmasters members elect Monique Tonna to International Board**

Sydney resident becomes new director of global educational organization

**ENGLEWOOD, Colo., Aug. 17, 2024** — Monique Tonna, DTM, of Sydney, Australia, has been elected to the Board of Directors of [Toastmasters International](http://www.toastmasters.org), the world’s leading organization devoted to communication and leadership skills development. Tonna was elected to the 2024–2026 two-year term at the organization’s 2024 International Convention, held in Anaheim, Calif., Aug. 14-17.

As a member of the Toastmasters International Board of Directors, Tonna is a “working ambassador” for the organization. She works with the Board to develop and support the policies and procedures that guide Toastmasters International in fulfilling its mission.

Tonna is the sole business owner and director of Core X Pilates, with over eight years of expertise in the fitness and wellness industry. She specializes in curating classes tailored to meet clients' fitness goals and needs, delivering uplifting instruction while ensuring compliance with industry regulations. Tonna is also adept at managing marketing and public relations efforts, including leveraging social media platforms.

Tonna holds a master’s degree in business administration from Deakin University in Geelong, Australia. In 2020, during the COVID-19 pandemic, Tonna’s instructors and members appreciated her effective transition to online fitness classes, ensuring minimal disruption during a turbulent time.

A Toastmaster since 2011, Tonna is a member of her home club, Enhance Toastmasters Club in Glenbrook, Australia. She has held a number of high-profile leadership positions within Toastmasters and has attained the Distinguished Toastmaster designation—the highest level of educational achievement in the organization.

Tonna says, “Everybody can benefit from Toastmasters, whether it’s to assist them with job interview skills, help them prepare for a "best man" speech, or to provide feedback in the work environment or to loved ones. I believe Toastmasters isn't just about public speaking but relates to all aspects of our lives.”

**About Toastmasters International**

Toastmasters International is a nonprofit educational organization that builds confidence and teaches public speaking skills through a worldwide network of clubs that meet online and in person. In a supportive community or corporate environment, members prepare and deliver speeches, respond to impromptu questions, and give and receive constructive feedback. It is through this regular practice that members are empowered to meet personal and professional communication goals. Founded in 1924, the organization is headquartered in Englewood, Colorado with over 270,000 members in more than 14,000 clubs in 150 countries. For information about local Toastmasters clubs, please visit toastmasters.org. Follow @Toastmasters on X (formerly Twitter).

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