TOASTMASTERS 100 YEARS

Centennial-Inspired Table Topics®

Use these Table Topics prompts during your centennial celebration meeting(s) to embrace and highlight our history in Toastmasters style! For the full list of 100 centennial-connected Table Topics questions, check out the **Special Centennial Edition** of the *Toastmaster* magazine—in print!

Based on Toastmasters History:

- 1. Toastmasters' founder, Dr. Ralph C. Smedley, once said, "We grow or learn or work better in moments of enjoyment." Is there someone who made learning enjoyable for you?
- 2. Another one of Smedley's quotes was: "The past prepares us to meet the challenges of the future." What lessons from your past help you meet challenges?
- 3. Helen Blanchard was the first female International President. She joined Toastmasters before women were allowed by using initials and a fake male name. Blanchard's club held a Table Topics session to choose the name "Homer." If you had to rename yourself, what would you choose and why?
- 4. Smedley was an avid stamp collector. What is something you collect, or would like to collect, and why?
- 5. Astronauts Jim Lovell and Wally Schirra were once Toastmasters members. If you were an astronaut, what are some ways you could use your Toastmasters skills?

Historically Suggested Prompts:

- 6. Try to sell your neighbor an item in your house that you've had for a while.
- 7. A Table Topics question in 1936 was "Should one keep a diary?" Have you ever kept a diary? Why or why not?
- 8. Choose two members. One gives an unrehearsed talk on a lively subject, the other makes the appropriate gestures that the speaker should be making, with the speaker making no gestures at all.
- 9. Choose two people: The first talks for one minute, and the other must pick up where the first leaves off and complete the speech.

10. What do you tell people when they want to know what Toastmasters does?

