The Toastmasters Pathways learning experience was developed around the five core competencies identified by the Board of Directors.

### Paths and Core Competencies

The primary core competencies represented in each path are listed in order of emphasis next to the path name.

<table>
<thead>
<tr>
<th>11 Paths</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Dynamic Leadership</td>
<td>1 2 3 5</td>
</tr>
<tr>
<td>Effective Coaching</td>
<td>1 2 4 5</td>
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<td>Engaging Humor</td>
<td>1 5</td>
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<td>Innovative Planning</td>
<td>1 4 2 5</td>
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<tr>
<td>Leadership Development</td>
<td>1 2 4 5</td>
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<tr>
<td>Motivational Strategies</td>
<td>1 2 3 5</td>
</tr>
<tr>
<td>Persuasive Influence</td>
<td>1 3 2 5</td>
</tr>
<tr>
<td>Presentation Mastery</td>
<td>1 5</td>
</tr>
<tr>
<td>Strategic Relationships</td>
<td>1 2 3 5</td>
</tr>
<tr>
<td>Team Collaboration</td>
<td>1 4 2 5</td>
</tr>
<tr>
<td>Visionary Communication</td>
<td>1 3 2 5</td>
</tr>
</tbody>
</table>

It is important to note that each member using Base Camp will have the opportunity to select from many electives to extend their learning. With the addition of electives, members have the flexibility to cover all core competencies within each path.

**Five Core Competencies**

1. **Public Speaking**
2. **Interpersonal Communication**
3. **Strategic Leadership**
4. **Management**
5. **Confidence**

Confidence is unique because it cannot be taught, but is gained in every path.
# DYNAMIC LEadership

This path helps you build your skills as a strategic leader. The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group, and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication, and public speaking. This path culminates in a project focused on applying your leadership skills.

## Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Mastering Fundamentals</th>
<th>Learning Your Style</th>
<th>Increasing Knowledge</th>
<th>Building Skills</th>
<th>Demonstrating Expertise</th>
<th>Path Completion</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ice Breaker</td>
<td>Understanding Your Leadership Style</td>
<td>Negotiate the Best Outcome</td>
<td>Manage Change</td>
<td>Lead in Any Situation</td>
<td>Reflect on Your Path</td>
</tr>
<tr>
<td>2</td>
<td>Writing a Speech with Purpose</td>
<td>Understanding Your Communication Style</td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>3</td>
<td>Introduction to Vocal Variety and Body Language</td>
<td>Introduction to Toastmasters Mentoring</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>4</td>
<td>Evaluation and Feedback</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Build Skills</td>
<td></td>
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</tr>
</tbody>
</table>

### Level 3 Elective Projects (choose 2)

- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor
- Researching and Presenting

### Level 4 Elective Projects (choose 1)

- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

### Level 5 Elective Projects (choose 1)

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
### EFFECTIVE COACHING

This path helps you build your skills as a positive communicator and leader. The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching, and establishing strong public speaking skills. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a “High Performance Leadership” project of your design.

#### Five Levels

**Mastering Fundamentals**

1. Ice Breaker
2. Writing a Speech with Purpose
3. Introduction to Vocal Variety and Body Language
4. Evaluation and Feedback

---

**Learning Your Style**

1. Understanding Your Leadership Style
2. Understanding Your Communication Style
3. Introduction to Toastmasters Mentoring

---

**Increasing Knowledge**

1. Reaching Consensus

<table>
<thead>
<tr>
<th>Level 3 Elective Projects (choose 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deliver Social Speeches</td>
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<tr>
<td>Know Your Sense of Humor</td>
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<tr>
<td>Researching and Presenting</td>
</tr>
</tbody>
</table>

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**Building Skills**

1. Improvement Through Positive Coaching

**Level 4 Elective Projects (choose 1)**

<p>| |</p>
<table>
<thead>
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</thead>
<tbody>
<tr>
<td>Create a Podcast</td>
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<tr>
<td>Public Relations Strategies</td>
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<tr>
<td>Manage Projects Successfully</td>
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**Demonstrating Expertise**

1. High Performance Leadership

**Level 5 Elective Projects (choose 1)**

<p>| |</p>
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<tr>
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<td>Leading in Your Volunteer Organization</td>
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<tr>
<td>Prepare to Speak Professionally</td>
</tr>
</tbody>
</table>
ENGAGING HUMOR

This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to different types of humor and improving your ability to deliver a message with humor. The projects contribute to developing an understanding of effective public speaking technique, speech writing, speech delivery, and using humorous stories. This path culminates in an extended speech that will allow you to apply what you learned.

Five Levels

<table>
<thead>
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<th>Level 3 Elective Projects (choose 2)</th>
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<tr>
<td>• Deliver Social Speeches</td>
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<tr>
<td>• Using Presentation Software</td>
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<table>
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<tr>
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<td>• Create a Podcast</td>
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<td>• Question-and-Answer Session</td>
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<td>• Public Relations Strategies</td>
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<tr>
<td>• Manage Projects Successfully</td>
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<tr>
<td>• Managing a Difficult Audience</td>
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</tbody>
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<table>
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<th>Level 5 Elective Projects (choose 1)</th>
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<td>• Leading in Your Volunteer Organization</td>
</tr>
<tr>
<td>• Prepare to Speak Professionally</td>
</tr>
</tbody>
</table>
INNOVATIVE PLANNING
This path helps you build your skills as a public speaker and leader. The projects on this path focus on developing a strong connection with audience members when you present, speech writing, and speech delivery. The projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a "High Performance Leadership" project of your design.

Five Levels

Mastering Fundamentals
1.
- Ice Breaker
- Writing a Speech with Purpose
- Introduction to Vocal Variety and Body Language
- Evaluation and Feedback

Learning Your Style
2.
- Understanding Your Leadership Style
- Connect With Your Audience
- Introduction to Toastmasters Mentoring

Increasing Knowledge
3.
- Present a Proposal

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor
- Researching and Presenting

Building Skills
4.
- Manage Projects Successfully

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies

Demonstrating Expertise
5.
- High Performance Leadership

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

Path Completion
- Reflect on Your Path
### LEADERSHIP DEVELOPMENT

This path helps you build your skills as an effective communicator and leader. The projects on this path focus on learning how to manage time, as well as how to develop and implement a plan. Public speaking and leading a team are emphasized in all projects. This path culminates in the planning and execution of an event that will allow you to apply everything you learned.

### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
<th>Elective Projects (choose 2)</th>
</tr>
</thead>
</table>
| 1     | Mastering Fundamentals | • Ice Breaker  
• Writing a Speech with Purpose  
• Introduction to Vocal Variety and Body Language  
• Evaluation and Feedback |
| 2     | Learning Your Style | • Managing Time  
• Understanding Your Leadership Style  
• Introduction to Toastmasters Mentoring |
| 3     | Increasing Knowledge | • Planning and Implementing  
| Level 3 Elective Projects | • Deliver Social Speeches  
• Using Presentation Software  
• Connect with Storytelling  
• Creating Effective Visual Aids  
• Using Descriptive Language  
• Connect with Your Audience  
• Make Connections Through Networking  
• Focus on the Positive  
• Inspire Your Audience  
• Prepare for an Interview  
• Understanding Vocal Variety  
• Effective Body Language  
• Active Listening  
• Know Your Sense of Humor  
• Researching and Presenting |
| 4     | Building Skills | • Leading Your Team  
| Level 4 Elective Projects | • Create a Podcast  
• Building a Social Media Presence  
• Managing a Difficult Audience  
• Write a Compelling Blog  
• Manage Online Meetings  
• Question-and-Answer Session  
• Public Relations Strategies  
• Manage Projects Successfully |
| 5     | Demonstrating Expertise | • Manage Successful Events  
| Level 5 Elective Projects | • Lessons Learned  
• Moderate a Panel Discussion  
• Ethical Leadership  
• High Performance Leadership  
• Leading in Your Volunteer Organization  
• Prepare to Speak Professionally |

### Path Completion

• Reflect on Your Path
MOTIVATIONAL STRATEGIES

This path helps you build your skills as a powerful and effective communicator. The projects focus on learning strategies for building connections with the people around you, understanding motivation, and successfully leading small groups to accomplish tasks. This path culminates in a comprehensive team-building project that brings all of your skills together—including public speaking.

Five Levels

Mastering Fundamentals
- Ice Breaker
- Writing a Speech with Purpose
- Introduction to Vocal Variety and Body Language
- Evaluation and Feedback

Learning Your Style
- Understanding Your Communication Style
- Active Listening
- Introduction to Toastmasters Mentoring

Increasing Knowledge
- Understanding Emotional Intelligence

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor
- Researching and Presenting

Building Skills
- Motivate Others

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

Demonstrating Expertise
- Team Building

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

Path Completion
- Reflect on Your Path

Paths, Levels, and Electives
**PERSUASIVE INFLUENCE**
This path helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a “High Performance Leadership” project of your design.

### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Pathway</th>
<th>Projects</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mastering Fundamentals</td>
<td><em>Ice Breaker</em>&lt;br&gt;<em>Writing a Speech with Purpose</em>&lt;br&gt;<em>Introduction to Vocal Variety and Body Language</em>&lt;br&gt;<em>Evaluation and Feedback</em></td>
</tr>
<tr>
<td>2</td>
<td>Learning Your Style</td>
<td><em>Understanding Your Leadership Style</em>&lt;br&gt;<em>Active Listening</em>&lt;br&gt;<em>Introduction to Toastmasters Mentoring</em></td>
</tr>
<tr>
<td>3</td>
<td>Increasing Knowledge</td>
<td><em>Understanding Conflict Resolution</em>&lt;br&gt;<em>Deliver Social Speeches</em>&lt;br&gt;<em>Using Presentation Software</em>&lt;br&gt;<em>Connect with Storytelling</em>&lt;br&gt;<em>Creating Effective Visual Aids</em>&lt;br&gt;<em>Using Descriptive Language</em>&lt;br&gt;<em>Connect with Your Audience</em>&lt;br&gt;<em>Make Connections Through Networking</em>&lt;br&gt;<em>Focus on the Positive</em>&lt;br&gt;<em>Inspire Your Audience</em>&lt;br&gt;<em>Prepare for an Interview</em>&lt;br&gt;<em>Understanding Vocal Variety</em>&lt;br&gt;<em>Effective Body Language</em>&lt;br&gt;<em>Know Your Sense of Humor</em>&lt;br&gt;<em>Researching and Presenting</em></td>
</tr>
<tr>
<td>4</td>
<td>Building Skills</td>
<td><em>Leading in Difficult Situations</em>&lt;br&gt;<em>Create a Podcast</em>&lt;br&gt;<em>Building a Social Media Presence</em>&lt;br&gt;<em>Managing a Difficult Audience</em>&lt;br&gt;<em>Write a Compelling Blog</em>&lt;br&gt;<em>Manage Online Meetings</em>&lt;br&gt;<em>Question-and-Answer Session</em>&lt;br&gt;<em>Public Relations Strategies</em>&lt;br&gt;<em>Manage Projects Successfully</em></td>
</tr>
<tr>
<td>5</td>
<td>Demonstrating Expertise</td>
<td><em>High Performance Leadership</em>&lt;br&gt;<em>Lessons Learned</em>&lt;br&gt;<em>Moderate a Panel Discussion</em>&lt;br&gt;<em>Ethical Leadership</em>&lt;br&gt;<em>Leading in Your Volunteer Organization</em>&lt;br&gt;<em>Prepare to Speak Professionally</em></td>
</tr>
</tbody>
</table>

**Level 5 Elective Projects (choose 1)**

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

**Level 4 Elective Projects (choose 1)**

- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

**Level 3 Elective Projects (choose 2)**

- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor
- Researching and Presenting

**Path Completion**

- Reflect on Your Path
PRESENTATION MASTERY
This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking technique, including speech writing and speech delivery. This path culminates in an extended speech that will allow you to apply what you learned.

Five Levels

Mastering Fundamentals
- Ice Breaker
- Writing a Speech with Purpose
- Introduction to Vocal Variety and Body Language
- Evaluation and Feedback

Learning Your Style
- Understanding Your Communication Style
- Effective Body Language
- Introduction to Toastmasters Mentoring

Increasing Knowledge
- Persuasive Speaking

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking

- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Active Listening
- Know Your Sense of Humor
- Researching and Presenting

Building Skills
- Managing a Difficult Audience

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Write a Compelling Blog
- Manage Online Meetings

- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

Demonstrating Expertise
- Prepare to Speak Professionally

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership

- Leading in Your Volunteer Organization

Path Completion
- Reflect on Your Path
## Paths, Levels, and Electives

### STRATEGIC RELATIONSHIPS

This path helps you build your skills as a leader in communication. The projects on this path focus on understanding diversity, building personal and/or professional connections with a variety of people, and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization.

### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Elective Projects</th>
<th>Level 3 Elective Projects (choose 2)</th>
<th>Level 4 Elective Projects (choose 1)</th>
<th>Level 5 Elective Projects (choose 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mastering Fundamentals</td>
<td>- Ice Breaker</td>
<td>- Deliver Social Speeches</td>
<td>- Create a Podcast</td>
</tr>
<tr>
<td></td>
<td></td>
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<td>- Focus on the Positive</td>
<td>- Manage Projects Successfully</td>
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<tr>
<td>2</td>
<td>Learning Your Style</td>
<td>- Understanding Your Leadership Style</td>
<td>- Inspire Your Audience</td>
<td>- Lessons Learned</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Cross-Cultural Understanding</td>
<td>- Prepare for an Interview</td>
<td>- Moderate a Panel Discussion</td>
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<tr>
<td></td>
<td></td>
<td>- Introduction to Toastmasters Mentoring</td>
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<td>- Know Your Sense of Humor</td>
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<td>- Reflect on Your Path</td>
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</tbody>
</table>
TEAM COLLABORATION

This path helps you build your skills as a collaborative leader. The projects on this path focus on active listening, motivating others, and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills.

Five Levels

**Mastering Fundamentals**
- Ice Breaker
- Writing a Speech with Purpose
- Introduction to Vocal Variety and Body Language
- Evaluation and Feedback

**Learning Your Style**
- Understanding Your Leadership Style
- Active Listening
- Introduction to Toastmasters Mentoring

**Increasing Knowledge**
- Successful Collaboration

**Level 3 Elective Projects (choose 2)**
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor
- Researching and Presenting

**Building Skills**
- Motivate Others

**Level 4 Elective Projects (choose 1)**
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

**Demonstrating Expertise**
- Lead in Any Situation

**Level 5 Elective Projects (choose 1)**
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

**Path Completion**
- Reflect on Your Path
**VISIONARY COMMUNICATION**

This path helps you build your skills as a strategic communicator and leader. The projects on this path focus on developing your skills for sharing information with a group, planning communications, and creating innovative solutions. Speech writing and speech delivery are emphasized in each project. This path culminates in the development and launch of a long-term personal or professional vision.

## Five Levels

### Mastering Fundamentals

- Ice Breaker
- Writing a Speech with Purpose
- Introduction to Vocal Variety and Body Language
- Evaluation and Feedback

### Learning Your Style

- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

### Increasing Knowledge

- Develop a Communication Plan

### Building Skills

- Communicate Change

### Demonstrating Expertise

- Develop Your Vision

### Level 3 Elective Projects (choose 2)

- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor
- Researching and Presenting

### Level 4 Elective Projects (choose 1)

- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

### Level 5 Elective Projects (choose 1)

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

### Path Completion

- Reflect on Your Path